

Evaluation of GB Blades by Mr. Tamás Majzik, the trainer of Sport Club Tolna Fastron, playing in the women's Extra League.

Mr. Majzik is playing with **GB Science** for 8 months and trains his players also with it. One of his talented players, Mercédesz Nagyváradi is member of the Hungarian Junior National Team, owns the 1-2 place in the ranking and will play in the Hungarian Team on the first Junior Olympics in 2010.

"I have seen **GB Blades** on the Gala of Csilla Bátorfi first. Next time I met them The Junior Budapest Championship in 2008 in Budaörs.

I train with **GB Blades** since October 2008. I wanted to have experience with this type of Blade before I recommend it to anyone. In our Sport Club all the players tested **GB Blades** already. With the novelty there is enthusiasm and also resistance. There are players, who liked **GB Blades**, there are others, who don't, but everybody agreed that spinning can be given easier and harder with them.

By traning beginners, GB Blades are very easy to grab properly. The beginners learn quicker to bounce, and to hit the ball at the table due to having the extension of the hand on the hitting part of the blade. Wrist can remain in the natural form at the start of the hit. Wrist can be used easily and very well while hitting the ball. Backhand is easy to use, because it fits well to the hand, and the movement can be controlled properly. Changing side (backhand-forehand-backhand) can be done easily and with a little movement.

Above the table, especially in 'short match' its usage is beneficial. Short, backspin balls can be reached and hit back easier thank to the shape of the blade. Short balls can be started above the table with less effort, because the hand doesn't need to be held as low as with the classical blades.

The advantages of GB Blades can be perceived also while spinning the ball. The hitting point of the ball is on the blade some further from the hand, than on the classical blade. Due to this the same movement causes bigger peripheral speed and as a result of this you can give the ball stronger turn and the ball will be quicker. Wrist can be used easily while spinning the ball and it strengthen the spin and speed of the ball. By backhand spinning you can give the ball a secondary spin with little energy which makes the situation of other player more difficult.

By Serving the shape of the blade doesn't cause any disadvantage. By the Chinese type of serving you can easily learn holding in on the handle of the blade.

I haven't tried to use **GB Blades** for <u>defensive type of play</u>, but it doesn't necessarily mean, it is not suitable for that.

Based on my favorable experience I will train beginners with this type of blade in our sport club.

Due to the summer holiday we have the right time to change from classical blades to **GB Blades**. According to my experience 2-3 months are enough for the change.

The blades I have tried have very good quality, provide good ball perception and the ball can be controlled very well with them."

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Tamás Majzik Tolna Fastron AC.

